



Dorchester Seniors, Inc.

Volunteers Welcome

There are many areas where volunteers can assist with programs and services such as packaging or delivering meals to homebound members, assisting with activities, sharing your talents and expertise by teaching a class or one-time workshop and more! Contact the Volunteer Coordinator for the next orientation to find out more about the volunteer opportunities at Dorchester Seniors, Inc.

Check the boxes that might interest you and be sure to include your name and phone number so that I can contact you with details.

Activities (Assist with games, set up, encourage seniors, & etc. Conduct one-time workshops)One day a month for 2-4 hours	Meal Delivery (Ride routes with drivers to deliver meals) Appx. 9:30am until Noon
Baking (Bake cakes for homebound members and/or bake sales)	Portioning Meals (Assist with sealing containers) Appx. 8:30am-10:00 am
Creative Crafters (Create donated items for gift shop)	Fitness Room Monitor (9:00-11:00) (Monitor area for safety)
Community Events/Fundraisers (Hand out information, greet visitors, assist with set up,& serve refreshments)	Front Desk/Office (Answer phones & assist with projects/tasks) As needed
Homebound/Reassurance Calls (Make phone calls to clients to say a friendly hello)	Birthday Celebration Assist with serving ice cream & cake)
Gift Shop Attendant (Run cash register, sell consignment items, organize merchandise)	Greeting Members, Phone calls, Assisting with applications (Special events)

Name: _____ Phone Number: _____

Suggestions:

If you have suggestions for an activity or other ideas, fill out the line under suggestions or better yet, come by for a visit, I'd love to meet you!

**Shaqaunda Williams
Volunteer Coordinator
Summerville
871-5053**

OR

**Carla Gruber
Volunteer Coordinator
St. George
563-3709**