


	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 1st- 4th	 1% Milk Served Daily With Lunch.	1 BBQ Meatballs Black-Eyed Peas Corn O'Brien Sliced Peaches Roll	2 Herb Roasted Chicken Breast Collard Greens Lima Beans Mac & Cheese Apricots Roll	3 Salisbury Steak w/ Mushroom Gravy Steamed Squash Mashed Potatoes Mandarin Oranges Roll	4 Turkey Piccata Diced Sweet Potatoes Broccoli with Cheese Baked Cinnamon Apples Roll
Oct 7th- 11th	7 Pot Roast w/ Gravy Buttered Zucchini Steamed Carrots Brown Rice Citrus Fruit Cup Roll	8 Chicken Salad Potato Salad Cole Slaw Blueberries & Pears Roll	9 Smothered Chicken Lima Beans California Blend Veg Strawberries Roll	10 Beef Noodle Casserole Okra & Tomatoes Seasoned Spinach Pineapple Tidbits Roll	11 Italian Baked Chicken Buttered Green Beans Yellow Squash Tropical Fruit Roll
Oct 14th- 18th	14 Chicken Parmesan Steamed Cabbage Butter Wax Beans Fruit Cup Roll	15 Beef Tips w/ Mushroom Pinto Beans Broccoli Sugar Cookie Roll	16 Creamed Turkey Mashed Potato Peas Pineapple Tidbits Roll	17 Hamburger Steak w/ Onion Gravy Brown Rice Green Beans Carrots Oranges & Roll	18 Chicken Fresco Yellow Squash & Peppers Mustard Greens Pears & Strawberries Roll
Oct 21st- 25th	21 Beef Brisket Baked Beans Winter Veg Apricots Roll	22 Tuna Salad Pickled Beets Pasta Salad Peaches & Strawberries Roll	23 Beef Roast Mashed Red Potatoes Zucchini Fruit Cup Roll	24 Smothered Chicken Brown Rice Peas Veg Blend Mandarin Oranges Roll	25 Spaghetti w/ Meatballs Broccoli Italian Veg Blend Pineapple Tidbits Roll
Oct 28th 31st	28 Chicken w/ Brown Rice Brussels Sprouts Carrots Pineapple & Roll	29 BBQ Meatballs Black-Eyed Peas Corn O'Brien Sliced Peaches Roll	30 Herb Roasted Chicken Breast Collard Greens Lima Beans Mac & Cheese Apricots & Roll	31 Salisbury Steak w/ Mushroom Gravy Steamed Squash Mashed Potatoes Oranges & Roll	