

CALENDAR OF EVENTS—OCTOBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sign-up for Special Activities is on a 1st come basis & must be done in person.</p> <p>Fees must be paid at time of sign-up to reserve your spot.</p> <p>Calendars are subject to change after printing</p>	<p>1</p> <p>8:45 Aerobics *</p> <p>9:45 Walking Club</p> <p>10:00 Yoga *</p> <p>10:00 AmeriLife Medicare Presentation</p> <p>12:00 Mahjong</p> <p>1:00 Int. Quilting</p> <p>2:00 Open Artist Workshop</p> <p>2:30 Tai Chi *</p> <p>3:45 Line Dance *</p>	<p>2</p> <p>8:45 Weight Training *</p> <p>10:00 BINGO</p> <p>10:30 Bible Study</p> <p>12:30 Clogging</p> <p>2:00 Open Craft Workshop</p>	<p>3</p> <p>8:45 Aerobics *</p> <p>9:45 Walking Club</p> <p>10:00 Yoga *</p> <p>10:00 Senior Insurance Crash Course</p> <p>10:00 Computer Help Class</p> <p>11:00 Cornhole</p> <p>12:30 Line Dance *</p> <p>1:00 Woodcarving</p> <p>1:00 Adult Coloring</p>	<p>4</p> <p>8:30 Hand & Foot</p> <p>8:45 Zumba Gold *</p> <p>10:00 Bridge</p> <p>10:00 Memory Book with Brooke</p> <p>10:00 Crochet & Tatting</p> <p>12:30 Open Card/Game Group</p>
<p>7</p> <p>8:30 Pinochle</p> <p>8:45 Weight Training</p> <p>9:15 Intermediate Spanish</p> <p>9:30 AARP Board Mtg.</p> <p>10:00 Memory Book with Brooke</p> <p>12:30 Dominos</p> <p>1:00 Bridge</p> <p>2:30 Balance Wellness*</p>	<p>8</p> <p>8:45 Aerobics *</p> <p>9:45 Walking Club</p> <p>10:00 Yoga</p> <p>10:00 TAAA Nutrition</p> <p>12:00 Mahjong</p> <p>1:00 Int. Quilting</p> <p>2:00 Open Artist's Work</p> <p>2:30 Tai Chi *</p> <p>3:45 Line Dance *</p>	<p>9</p> <p>8:45 Weight Training *</p> <p>10:00 Open Cards & Games</p> <p>10:00 BINGO</p> <p>10:30 Bible Study</p> <p>12:30 Clogging</p> <p>12:30 BUNCO</p> <p>2:00 Open Craft Workshop</p>	<p>10</p> <p>8:45 Aerobics *</p> <p>9:45 Walking Club</p> <p>10:00 Yoga *</p> <p>10:00 Computer Help Class</p> <p>10:30 Bookmobile</p> <p>11:00 Cornhole</p> <p>12:30 Line Dance *</p> <p>1:00 Woodcarving</p> <p>1:00 Adult Coloring</p> <p>2:30 Senior Self-Defense (\$5 fee)</p>	<p>11</p> <p>8:30 Hand & Foot</p> <p>8:45 Zumba Gold *</p> <p>9:45 Morning Movie</p> <p>10:00 Bridge</p> <p>10:00 Memory Book with Brooke</p> <p>10:00 Crochet & Tatting</p> <p>11:45 Birthdays</p>
<p>14 Bake Sale Week</p> <p>8:30 Pinochle</p> <p>8:45 Weight Training *</p> <p>9:15 Intermediate Spanish</p> <p>10:00 Prescription Pickups</p> <p>10:00 Memory Book with Brooke</p> <p>12:30 Dominos</p> <p>1:00 Bridge</p> <p>2:30 Balance Wellness*</p>	<p>15 Bake Sale Week</p> <p>8:45 Aerobics *</p> <p>9:45 Walking Club</p> <p>10:00 Yoga *</p> <p>10:00 BINGO</p> <p>12:00 Mahjong</p> <p>1:00 Int. Quilting</p> <p>2:00 Open Artist Workshop</p> <p>2:30 Tai Chi *</p> <p>3:45 Line Dance *</p>	<p>16 Bake Sale Week</p> <p>8:45 Weight Training *</p> <p>10:00 Threat Mitigation Training w/ Dorch. County Sheriff's Office</p> <p>10:30 Bible Study</p> <p>11:00 Literacy Class w/ Brooke</p> <p>12:30 Clogging</p> <p>1:30 AARP Member Mtg</p> <p>2:00 Open Craft Workshop</p>	<p>17 Bake Sale Week</p> <p>8:45 Aerobics *</p> <p>9:45 Walking Club</p> <p>10:00 Yoga *</p> <p>10:00 Home Sweet Home Author Meet & Greet</p> <p>10:00 Computer Help Class</p> <p>11:00 Cornhole</p> <p>12:30 Line Dance *</p> <p>1:00 Woodcarving</p> <p>1:00 Adult Coloring</p>	<p>18 Bake Sale Week</p> <p>8:30 Hand & Foot</p> <p>8:45 Zumba Gold *</p> <p>10:00 Bridge</p> <p>10:00 Halloween Ceramics and Crafts</p> <p>10:00 Crochet & Tatting</p> <p>10:00 Memory Book with Brooke</p> <p>12:30 Open Cards & Games</p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>21 8:30 Pinochle 8:45 Weight Training* 9:15 Intermediate Spanish 10:00 Memory Book with Brooke 10:00 WellCare-Medicare & Member Benefits 12:30 Dominos 12:30 NARFE 1:00 Bridge 2:30 Balance Wellness *</p> <p style="text-align: center;"><i>Cartoon Day</i></p>	<p>22 8:45 Aerobics * 9:45 Walking Club 10:00 Yoga * 10:00 CarFit 12:00 Mahjong 1:00 Int. Quilting 2:00 Open Artist Workshop 2:30 Tai Chi * 3:45 Line Dance *</p> <p style="text-align: center;"><i>Western Wear Day</i></p>	<p>23 8:45 Weight Training * 10:00 BINGO 10:00 Open Cards & Games 10:30 Bible Study 12:30 Clogging 2:00 Open Craft Workshop</p> <p style="text-align: center;"><i>Sock Hop Dress-up Day</i></p>	<p>24 8:45 Aerobics * 9:45 Walking Club 10:00 Yoga * 10:00 Computer Help Class 10:00 Chiropractic Care & Depression 11:00 Cornhole 12:30 Line Dance * 1:00 Woodcarving 1:00 Adult Coloring 2:30 Senior Self-Defense (\$5 fee)</p> <p style="text-align: center;"><i>Red Carpet Attire Day</i></p>	<p>25 8:30 Hand & Foot 8:45 Zumba Gold * 10:00 Bridge 10:00 Crochet & Tatting 10:00 Fall Festival</p> <p style="text-align: center;"><i>Costume Contest</i></p>
<p>28 8:30 Pinochle 8:45 Weight Training* 9:15 Intermediate Spanish 10:00 Memory Book with Brooke 10:00 Chair Fitness 12:30 Dominos 1:00 Bridge 2:30 Balance Wellness *</p>	<p>29 8:45 Aerobics * 9:45 Walking Club 10:00 Yoga * 10:00 BINGO 12:00 Mahjong 1:00 Int. Quilting 2:00 Open Artist Workshop 2:30 Tai Chi * 3:45 Line Dance *</p>	<p>30 8:45 Weight Training * 10:00 Murray Murray - Senior Life Insurance 10:30 Bible Study 12:30 Clogging 2:00 Open Craft Workshop</p>	<p>31 8:45 Aerobics * 9:45 Walking Club 10:00 Yoga * 10:00 Computer Help Class 10:30 Bookmobile 11:00 Cornhole 12:30 Line Dance * 1:00 Woodcarving 1:00 Adult Coloring</p>	<p>Items in BOLD are new activities/special events. See item details for description.</p> <p>Events with an asterisk (*) are part of the 50+Fit Program. See Front Desk for more information.</p>