

CALENDAR OF EVENTS — SEPTEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 2:30 Tai Chi 3:45 Line Dance	2 8:00 Weight Training 9:30 Weight Training 10:00 Bible Study 11:00 Yoga	3 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 12:30 Line Dance 1:00 Woodcarving 1:40 Beg. Line Dance	4 8:45 Zumba 12:30 Clogging
7  Closed	8 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 2:30 Tai Chi 3:45 Line Dance	9 8:00 Weight Training 9:30 Weight Training 10:00 Bible Study 11:00 Yoga	10 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 12:30 Line Dance 1:00 Woodcarving 1:40 Beg. Line Dance	11 8:45 Zumba 12:30 Clogging
14 8:00 Weight Training 9:30 Weight Training 11:00 Yoga	15 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 2:30 Tai Chi 3:45 Line Dance	16 8:00 Weight Training 9:30 Weight Training 10:00 Bible Study 11:00 Yoga	17 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 12:30 Line Dance 1:00 Woodcarving 1:40 Beg. Line Dance	18 8:45 Zumba 12:30 Clogging
21 8:00 Weight Training 9:30 Weight Training 11:00 Yoga	22 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 2:30 Tai Chi 3:45 Line Dance	23 8:00 Weight Training 9:30 Weight Training 10:00 Bible Study 11:00 Yoga	24 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 12:30 Line Dance 1:00 Woodcarving 1:40 Beg. Line Dance	25 8:45 Zumba 12:30 Clogging
28 8:00 Weight Training 9:30 Weight Training 11:00 Yoga	29 8:00 Aerobics 9:00 Walking Club 9:30 Aerobics 2:30 Tai Chi 3:45 Line Dance	30 8:00 Weight Training 9:30 Weight Training 10:00 Bible Study 11:00 Yoga		

*** WALKING CLUB WILL MEET AT THE PARK, NOT IN THE SENIOR CENTER***

If you have any questions regarding activities, please contact
Alexandria Singletary in the Activities Dept. at (843) 830-8507.